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We claim:

1. A method of treating arthritis comprising:

- a) generating a recombinant viral or plasmid vector comprising a DNA sequence encoding a member of a transforming growth factor superfamily of proteins operatively linked to a promoter;
- b) transfecting in vitro a population of cultured connective tissue cells with said recombinant vector, resulting in a population of transfected connective tissue cells; and
- c) transplanting said transfected connective tissue cells by intraarticular injection to an arthritic joint space of a mammalian host, such that expression of said DNA sequence within said joint space results in regenerating connective tissue.
- 2. The method of claim 1, wherein said recombinant viral vector is a retroviral vector.
  - 3. The method of claim 1, wherein said recombinant vector is a plasmid vector.
- 4. The method of claim 1, wherein said population of transfected connective tissue cells are stored prior to transplantation.
- 5. The method of claim 4, wherein said population of transfected connective tissue cells are stored in 10% DMSO under liquid nitrogen prior to transplantation.
- 6. The method according to claim 1, wherein said connective tissue cells are fibroblast cells, mesenchymal cells, osteoblasts, or chondrocytes.
- The method according to claim 6, wherein in said fibroblast cells, the fibroblast cells are NIH 3/T3 cells or human foreskin fibroblast cells.

The method according to claim 1, wherein said connective tissue is a cartilage, ligament, or tendon.

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The methodactording to claim 8, wherein in sale artilage, the cartilage is hyaline cartilage.

- The method according to claim 1, wherein said member of the transformation growth factor superfamily is transforming growth factor  $\beta$  (TGF- $\beta$ ).
- 11. The method according to claim 1, wherein said member of the transformation growth factor superfamily is TGF-β1, TGF-β2, TGF-β3, BMP-2, BMP-3, BMP-4, BMP-5, BMP-6, or BMP-7.
- 12. The method according to claim 10, wherein said TGF-β is human or porcine TGF-β1, TGF-β2 or TGF-β3.
- > 13. A method of regenerating hyaline cartilage, comprising:
- a) generating a recombinant viral or plasmid vector comprising a DNA sequence encoding a member of a transforming growth factor superfamily of proteins operatively linked to a promoter;
- b) transfecting in vitro a population of cultured connective tissue cells with said recombinant vector, resulting in a population of transfected connective tissue cells; and
- c) transplanting said transfected connective tissue cells by intraarticular injection to joint space of a mammalian host, such that expression of said DNA sequence within said joint space results in regenerating hyaline cartilage.
- 14. The method of claim 1, wherein said transfection is accomplished by liposome encapsulation, calcium phosphate coprecipitation, electroporation and DEAE-dextran mediation.
  - 15. The method of claim 3, wherein said plasmid is  $pmT\beta1$ .
- A connective tissue cell line comprising a recombinant viral or plasmid vector comprising a DNA sequence encoding a member of the transforming growth factor superfamily.

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- 17. The connective tissue cell line according to claim 17, wherein said connective tissue cell line is a fibroblast cell line, a mesenchymal cell line, a chondrocyte cell line, an osteoblast cell line, or an osteocyte cell line.
- The connective tissue cell line according to claim 17, wherein in said fibroblast cell line, the fibroblast cell line is human foreskin fibroblast cell line or NIH 3T3 cell line.
- The connective tissue cell line according to claim 16, wherein said member of the transforming growth factor superfamily is TGF-β.
- 20. The conflective tissue cell line according to claim 16, wherein said member of the transforming growth factor superfamily is TGF-β1, TGF-β2, TGF-β3, BMP-2, BMP-3, BMP-4, BMP-5, BMP-6, or BMP-7.
- The connective tissue cell line according to claim 19, wherein said TGF-β is human or porcine TGF-β1, TGF-β2 or TGF-β3.
- The connective tissue cell line according to claim 16, wherein said recombinant vector is pmT $\beta$ 1.

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